INSTRUCTIONS FOR USE
For 5 mg & 10 mg Doses

Important: For Nasal Use Only. | Check Product Expiration Date Before Use.
Do not remove or test VALTOCO nasal spray until ready to use. | Keep out of reach of children.
Inspect product for damage. If damaged, you may not receive the full dose.

You and your family members, caregivers, and others who may need to administer VALTOCO should read the Instructions for Use that comes with VALTOCO before using it. Talk to your healthcare provider if you, your caretaker, or others who may need to administer VALTOCO have any questions about the use of VALTOCO.

Safely secure the person
If the person appears to be having a seizure, gently help them to the floor and lay them on their side in a place where they cannot fall.
The person can be on either their side or back to receive VALTOCO.
Move objects and furniture away from the person to avoid injury.

Give VALTOCO
1 dose = 1 nasal spray device. Device sprays one time only.

STEP 1: Remove 1 VALTOCO blister pack from the box.
Each blister pack contains 1 nasal spray device. 1 device contains 1 dose.

STEP 2: Hold VALTOCO with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

STEP 3: Gently insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the person’s nose.

STEP 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO.

STEP 5: Remove VALTOCO from the nose after giving the dose.
Each individual VALTOCO contains 1 single spray.
Throw it away (discard) after use.

After giving VALTOCO, evaluate & support
Keep or move the person onto their side, facing you, so that you can watch them closely.
Loosen any tight clothing and provide a safe area where the person can rest.

Call for emergency help if any of the following happen:
• Seizure continues for 15 minutes after giving VALTOCO or as instructed by the healthcare provider
• Seizure behavior is different from that of other seizures the person has had
• You are alarmed by how often the seizures happen, by how severe the seizure is, or by the color or breathing of the person

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose: ___________________________  Time of second VALTOCO dose (if given): ___________________________

The healthcare provider may prescribe ANOTHER DOSE of VALTOCO to be given 4 HOURS AFTER the first dose, even if the person is not having a seizure.
If a second dose is needed, repeat Steps 1-5 with a new blister pack of VALTOCO. If the person is not having a seizure when the second dose of VALTOCO is given, it may be given to the person when they are lying down, standing, or sitting.

For more information about VALTOCO, please visit www.valtoco.com or call 1-866-696-3873. You are encouraged to report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.

This Instructions for Use has been approved by the U.S. Food and Drug Administration. Issued: 11/2019
Safely secure the person
If the person appears to be having a seizure, gently help them to the floor and lay them on their side in a place where they cannot fall. The person can be on either their side or back to receive VAL TOCO. Move objects and furniture away from the person to avoid injury.

INSTRUCTIONS FOR USE
For 15 mg & 20 mg Doses

Important: For Nasal Use Only. | Check Product Expiration Date Before Use.
Do not remove or test VALTOCO nasal spray until ready to use. | Keep out of reach of children.
Inspect product for damage. If damaged, you may not receive the full dose.

You and your family members, caregivers, and others who may need to administer VALTOCO should read the Instructions for Use that comes with VALTOCO before using it. Talk to your healthcare provider if you, your caretaker, or others who may need to administer VALTOCO have any questions about the use of VALTOCO.

Give VALTOCO 1 dose = 2 nasal spray devices. Each device sprays one time only.

STEP 1: Remove 1 VALTOCO blister pack from the box.
Each blister pack contains 2 nasal spray devices. 2 devices must be used for 1 dose.

STEP 2: Hold VALTOCO with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

STEP 3: Gently insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the person’s nose.

STEP 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO.

STEP 5: Remove VALTOCO from the nose after giving the dose.
Each individual VALTOCO contains 1 single spray.
Throw it away (discard) after use.

STEP 6: You have not given the full dose of VALTOCO yet.
Remove the second VALTOCO from the pack.
Repeat Steps 2-5, using the other nostril, to give the full dose of VALTOCO.

After giving VALTOCO, evaluate & support
Keep or move the person onto their side, facing you, so that you can watch them closely.
Loosen any tight clothing and provide a safe area where the person can rest.

Call for emergency help if any of the following happen:
• Seizure continues for 15 minutes after giving VALTOCO or as instructed by the healthcare provider
• Seizure behavior is different from that of other seizures the person has had
• You are alarmed by how often the seizures happen, by how severe the seizure is, or by the color or breathing of the person

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose*:  / Time of second VALTOCO dose* (if given):  /  
1 dose = 2 nasal spray devices.

The healthcare provider may prescribe ANOTHER DOSE of VALTOCO to be given 4 HOURS AFTER the first dose, even if the person is not having a seizure. If a second dose is needed, repeat Steps 1-6 with a new blister pack of VALTOCO. If the person is not having a seizure when the second dose of VALTOCO is given, it may be given to the person when they are lying down, standing, or sitting.
For more information about VALTOCO, please visit www.valtoco.com or call 1-866-696-3873. You are encouraged to report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.
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